



# NATALY SHOKO: THE HURDLES QUEEN CHASING GREATNESS IN MAURITIUS

## *From Zimbabwe to Mauritius – A Rising Star on the African Stage*

At just 18 years old, Nataly Shoko is rapidly establishing herself as one of Zimbabwe's most exciting young athletics prospects. Born on 11 October 2007, Nataly has emerged as a versatile and determined athlete specializing in both the 400 metres and the highly demanding 400 metres hurdles, events that require a unique combination of speed, endurance, technique, and mental toughness.

*With a personal and season best of 58.16 seconds in the 400m and 1:05.00 in the 400m hurdles, Nataly continues to demonstrate remarkable progress and a bright future in international athletics.*

## *Flying the Zimbabwean Flag Across Africa*

Nataly's journey has already taken her onto some of Africa's biggest junior athletics stages.



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National Athletics Association of Zimbabwe

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*In 2025, she proudly represented Zimbabwe at the prestigious Southern Region V Games in Namibia, where she competed against the finest young athletes from Southern Africa.*

Although she narrowly missed out on a podium finish in the highly competitive 400m hurdles, finishing fourth, her performance showcased courage, resilience, and immense potential. Rather than allowing disappointment to define her, Nataly responded like a champion.

She played a crucial role in Zimbabwe's 4x400m relay team, helping secure a well-deserved silver medal and demonstrating her value as a dependable team athlete capable of delivering under pressure.

### *Continental Success in Nigeria*

Nataly's growth continued at the CAA African Athletics Championships in Nigeria, where Zimbabwe's young athletes faced some of the continent's strongest competitors.

Once again, Nataly answered the call.

*As part of Zimbabwe's 4x400m Mixed Relay Team, she helped power the nation to a bronze medal, earning continental recognition and proving that Zimbabwe's next generation of athletes can compete successfully on the African stage.*

Winning a medal at a continental championship is no small achievement. It requires discipline, sacrifice, and the ability to perform when representing one's nation against Africa's best.

### *Mauritius Awaits*

Now Nataly prepares for her next challenge as part of Zimbabwe's team heading to Mauritius, carrying the hopes of a nation eager to see its young stars shine.

Her journey to Mauritius represents more than another competition. It represents the next step in a career filled with promise and determination.

Athletes who excel in the 400m hurdles are often among the toughest competitors in track and field. Every race demands speed between the hurdles, technical precision over them, and the endurance to maintain form when fatigue sets in.

Nataly has shown she possesses these qualities.

What makes Nataly's story inspiring is not only the medals she has won but the resilience she continues to display.

From competing against Southern Africa's best in Namibia to standing on the podium at the African Championships in Nigeria, she has demonstrated that success comes through perseverance, hard work, and belief.

*As she takes to the track in Mauritius, she carries with her the pride of Zimbabwe, the support of her coaches, teammates, family, and the growing belief that she can achieve even greater heights.*

*One to Watch*

*The future looks incredibly bright for Nataly Shoko.*

With her combination of speed, technical ability, competitive experience, and determination, she is developing into an athlete capable of making a significant impact for Zimbabwe in future regional, continental, and international competitions.

Mauritius may be the next destination on her journey, but it is unlikely to be the final chapter.

For Nataly Shoko, the race is only just beginning.

Zimbabwe is watching. Africa is taking notice. Mauritius is the next stage.

